

DIY High-Rise Shorts

From **#OOTD (Outfit of the Day) Sew & Style**

By Angela Lan

Create your own professional-looking shorts while learning the basics of garment sewing! Project image is on p. 112.

Class Description:

For sewists of all skill levels, this is a fun class teaching some basic garment-sewing techniques, including how to use sewing patterns, how to install zippers into clothing, and more. Students will make their own high-waisted shorts, perfect to wear this spring and summer! Basic sewing machine knowledge is required.

Class Length:

3 hours—students should have enough time to cut and finish sewing the project.

Class Supply List:

- Required Text: **#OOTD (Outfit of the Day) Sew & Style**
- Fabric: woven medium-weight fabric with at least 2% stretch

Width of Fabric/ Size	XS	S	M	L	XL
45" wide	1¼ yd.	1¼ yd.	1½ yd.	1½ yd.	1½ yd.
60" wide	¾ yd.	¾ yd.	1 yd.	1 yd.	1 yd.

- ⅛ yard lightweight fusible interfacing
- 1 zipper: size XS–S, 7"; size M–XL, 9"
- 1 set of hook and eyes
- Thread to match fabric
- Sewing machine in good working order
 - Optional but helpful: a zipper presser foot
- Basic sewing supplies:
 - Fabric scissors

- Paper scissors
- Pins and pincushion
- Marking pen or tailor's chalk
- Ruler
- Measuring tape
- Hand-sewing needles
- Seam ripper
- Safety pins
- Roll of tracing paper
- Sewing-machine needles
- Bobbins
- Pencil/pen and paper

Classroom Preparation:

Each student will need table space and access to an outlet for their sewing machine. An ironing station is needed for every five students attending.

Class Agenda:

Instructions for the High-Rise Shorts are found on pp. 112–119.

1. Discuss sizing and usage of patterns.
2. Trace patterns and prepare to cut fabric.
3. Cut pieces from fabric.
4. Sew the back and front of the shorts.
5. Demonstration on how to install the zipper.
6. Finish sewing body of the shorts, including hem.
7. Sew in waistband.
8. Discuss possible modifications to pattern for future projects.