# **Celtic Knot Pillow**

From Quilted Celebrations: 18 Designs to Capture Life's Milestones with Needle & Thread

#### **Class Description:**

This is a fun full-day class that teaches basic piecing techniques. The modern design is suitable for all ages and tastes. This pillow coordinates with the *Celtic Knot* quilt (both front and back) in *Quilted Celebrations*. This project can also be made into a wallhanging.

### Class Length:

6 hours. Students cut and begin piecing the pillow top in the morning. They complete the piecing and quilt the pillow top in the afternoon. They can assemble the pillow at home or assembly can be incorporated as part of the class.

## **Class Supply List:**

- Required text: Quilted Celebrations
- Block fabric: 4 fat eighths (18" x 11" rectangles)
- Background fabric: 1/2 yard
- Batting: 1 square 22" x 22"
- Muslin: 1 square 22" x 22"
- Binding fabric: ¼ yard
- Pillow back fabric: ¾ yard
- 20" square pillow form
- Fusible interfacing: 2 (1 7/8" x 22") rectangles
- 3 coordinating 1" buttons
- Sewing machine
- Piecing thread
- 1/4" piecing foot
- Free-motion and/or walking foot, plus a buttonhole foot for pillow assembly
- · Rotary cutter, mat, and rulers
- Scissors
- Pins

#### **Classroom Preparation:**

Each student will need table space and access to an outlet for their sewing machine. Pressing stations should be set up for piecing.

#### Class Agenda:

Instructions for the Celtic Knot quilt block can be found on page 37 of Quilted Celebrations.

- 1. Cut a fabric A square from one of the fat eighths, one set of the fabric B rectangles from another of the fat eighths, one set of fabric C rectangles from another of the fat eighths, and one set of fabric D rectangles from the final fat eighth.
- 2. From the background fabric, cut 1 strip 1 ½" x WOF, 2 strips 2 ½" x WOF, and 2 strips 3 ¾" x WOF. Subcut the 1 ½" strip into 1 rectangle 1 ½" x 18" and 1 rectangle 1 ½" x 10 ½". Subcut the 2 ½" strips into 4 rectangles 2 ½" x 12". Subcut the 4" strips into 2 rectangles 3 ¾" x 15 ½" and 2 rectangles 3 ¾" x 22".
- 3. Make a Celtic Knot block, as directed on page 38 in **Quilted Celebrations**.
- 4. Join a background rectangle 3 ¾ x 15 ½ to the sides of the block. Join a background rectangle 3 ¾ x 22 to the top and bottom of the block.
- 5. Layer pillow top and batting on top of the muslin and quilt as desired. (I think a rectangular leader works wonderfully with this design.)
- 6. Trim guilted pillow top to a square 20 ½" x 20 ½".

<<Celtic Knot Pillow Front Diagram.ai>>

## Pillow assembly:

This can be done as part of the class or at home.

- 1. Cut binding fabric into 3 strips 2 1/4" x WOF.
- 2. Cut pillow back fabric into 1 rectangle 12" x 22" and 1 rectangle 18" x 22". Turn under one long edge of each of the pillow back rectangles 1/2" and press. Turn under again 2" and press. Slip a strip of interfacing into the fold and fuse. Turn the pillow back pieces wrong side up and topstitch 1/8" from the first fold to secure.
- 3. Sew 1 buttonhole in the center of the folded edge of the larger pillow back rectangle. Add two more, each one 4 ½" from the center buttonhole. Open up buttonholes.
- 4. Baste top and bottom units together as shown on the Pillow Back Diagram, so that the edge of the top unit just overlaps the topstitching on the bottom unit. Mark button placement on bottom panel.

- 5. Place quilted pillow top on backing, wrong sides together, and baste 1/8" from pillow top edge. Trim excess pillow back fabric.
- 6. Fold binding strip in half lengthwise and press. Sew binding to the outer edge of the pillow front. Wrap around to pillow back and hand stitch to secure. Remove basting from back panel and sew on buttons.

<<Celtic Knot Pillow Back Diagram.ai>>