

EMBROIDERED CUSHION PROJECT

Using Filling Stitches In Embroidery

From *Little Stitches*

by **Aneela Hoey**

Class Description

For Beginner/Intermediate sewers; they'll learn about outlining and filling in simple stitches. They will they take away an embroidered cushion.

Class Length

2 or 3 sessions of 2 hours each to make the embroidery, plus an optional 2 hour class to make up the cushion.

Class Supply List

Book - *Little Stitches* by Aneela Hoey

1 yard of white cotton fabric

7" embroidery hoop

Stranded embroidery floss: at least 9 colors including 3 different browns

Sewing or embroidery needles

Pincushion and pins

Rotary cutter and cutting mat

Ruler

Sewing machine and white cotton sewing thread (if you plan to have them sew up the cover in class, otherwise the embroidery can be made in class and cover stitched up at home.)

TIP for shops: Show a selection of embroidery floss colors, embroidery needles, embroidery hoops, quilting weight white cotton fabric for students to stock up when signing up for the class.

Classroom Preparation

Good light for students to work in, and access to power if students are bringing in sewing machines. Set up ironing board for communal use - to transfer the pattern

Optional:

Rotary cutters, rulers and cutting mats could be provided for communal use

Sewing machines could also be provided if available

Class Agenda

- 1) Cut the fabric
- 2) Transfer the pattern and place fabric in the hoop - follow directions in *Embroidery Basics/Transferring the patterns*.

- 3) Run through how to separate floss strands – follow directions in *Embroidery Basics/Embroidery Floss/Separating The Strands*.
- 4) Teach all the embroidery stitches used in this project. Students can practice a few stitches on a 9" square scrap of their left over fabric first - follow directions in *Embroidery Basics/Embroidery Stitches*
- 5) Teach how to do the filling stitches, letting students practice before beginning - follow directions in *Embroidery Basics/How To Use The Stitches/Filling Stitches*
- 6) Work on the embroidery - Follow the Embroidery Guide in *Stitched With Love To Give* and/or *My Favorite Hobby Horse Cushion Cover*
- 7) Stitch up the finished embroidery into a cushion cover - follow directions in *My Favorite Hobby Horse Cushion Cover*