

Instructor's Class Plan *Kim Schaefer's Skinny Quilts*

Notes to instructors and shop owners

Kim Schaefer's Skinny Quilts contains a collection of both pieced and machine-appliquéd projects. The smaller scale of these skinny quilts offers a great opportunity for beginner classes in both basic piecing and machine appliqué. Beginners are often overwhelmed by larger, complicated projects. The projects in *Kim Schaefer's Skinny Quilts* are very doable, even at the beginner level, and students will get the gratification of completing a project in a relatively short period of time and without a huge monetary investment.

The following projects are all excellent choices for a basic piecing class:

- Village Square, page 15
- Flip Flop, page 19
- Shades of Gray, page 24
- The Big Easy, page 29
- Cotton Candy, page 35
- Windows, page 39
- Framed Nine Patch page 45

The following projects are all excellent choices for a machine appliqué class:

- Happy Jacks, page 13
- Feeling Groovy, page 31
- Spots and Dots, page 37

Teacher preparation (same for either class):

Choose a project from the list above. Make a sample quilt to hang in the shop as a sample is the surest way to sell books and fill classes. Label the sample with a sign stating class name, date, time, and book title. Familiarize yourself with the steps in the project.

Class description - Basic Piecing

1 session at 3 hours (option is listed for a second 3 hour sessions). Learn basic piecing techniques, fabric selection, and the use of a rotary cutter, acrylic ruler, and mat.

Supply list

- Required book: *Kim Schaefer's Skinny Quilts* by Kim Schaefer (refer to book for specific fabric requirements)
- Rotary cutter, acrylic ruler and mat
- Fabric scissors
- Thread
- Batting
- Sewing machine
- Iron/ironing board

Session 1:

Focus class time on fabric selection and proper use of the rotary cutter, acrylic ruler and mat. Stress the importance of accurate cutting and sewing a 1/4" seam. Review pressing techniques. Students should select fabric, cut pieces and piece several blocks. If you are planning a 2-session class, students should bring the finished top to the second session if not completed in class.

Session 2 (optional):

Discuss different batting options and teach how to layer the quilt. Discuss quilting options - hand, machine or long arm. Demonstrate binding techniques.

Class description - Machine Appliqué

1 session, 3 hours (option for 2 sessions, 3 hours each). Learn to machine appliqué using paper backed fusible web.

Supply list

- Required book: *Kim Schaefer's Skinny Quilts* by Kim Schaefer (refer to book for specific fabric requirements)
- Rotary cutter, acrylic ruler and mat
- Fabric scissors
- Paper scissors
- Thread
- Batting
- Sewing machine (capable of a straight stitch and zig-zag or satin stitch)
- Mechanical pencil
- Paper backed fusible web
- iron/ironing board

Session 1

Focus class time on fabric selection, proper use of the rotary cutter, acrylic ruler and mat. Discuss paper-backed fusible web options. Demonstrate how to trace appliqué shapes and use paper backed fusible web (see page 6 in text). Demonstrate machine appliqué. If you are planning for a second session, students should bring their completed top to the second session if not completed in class.

Session 2 (optional)

Discuss batting options and teach how to layer the quilt. Discuss quilting options - hand, machine or long arm. Demonstrate binding techniques.