# **NO-FEAR SHIRRING**

**Classic Peasant Top or Dress** 

From Little Girls, Big Style by Mary Abreu

#### **Class Description**

- This project is perfect for any skill level, beginner-friendly
- Learn how to use elastic thread to shirr fabric on an adorable dress or top
- Each student will complete a peasant dress or top
- This wardrobe essential sews up so quickly, you'll want to make a dozen – especially when you realize how easy it is to shirr!

# Class Length

4 hours, which includes time to trace the patterns from the book

# **Class Supplies**

- Required text: Little Girls, Big Style
- ½ yard fabric for the Peasant Bodice Front and Back (increase yardage to make a dress)
- 1/3 yard fabric for short sleeves OR 5/8 yard fabric for long sleeves
- ¼ yard fabric for ruffle
- Two spools elastic thread
- Coordinating thread
- Extra bobbin
- Extra machine needle
- Pattern tracing material like Pattern Ease, Swedish Tracing Paper, etc.
- Pen for tracing
- Chalk or fabric marker
- Hand sewing needle
- Measurements of the child who will be wearing the dress/top (particularly chest, waist and underarm-to-hem)

#### **Classroom Preparation**

- Sewing machine for each student
- Cutting and pressing stations

#### Class Outline - Refer to the book for page numbers as noted

Students will make the Classic Peasant Top/Dress on page 67.

- 1. Use tracing material to prepare the proper pattern size
- 2. Practice shirring on a scrap of the dress/top fabric. Follow the instructions beginning on page 27 to demonstrate the method used.
- 3. Mark the shirring lines and sew elastic thread around the neckline, sleeve and chest
- 4. Demonstrate different gathering techniques (see page 20) students can use for the ruffle
- 5. Discuss alternate finishing tips such as hem bands, rolled hems, etc. that students can use to individualize their garments

